

### **Golf Instruction**

Learn to play golf in the comfortable atmosphere of the Redwood Golf Center in Woodinville. A PGA instructor teaches group lessons. Learn basic golf, grip stance, swing, rules and etiquette. By the end of this 4-part series you will be able to play on the golf course. Bring your own clubs or try the Golf Center's demo clubs.

Location: Redwood Golf Center, 13029 Redmond-Woodinville Rd NE, Woodinville • Min 6 / Max 12 • 4 classes

Sr Resident \$89 / Sr Non-Resident \$99 Non-Sr Resident \$97 / Non-Sr Non-Resident \$119

| Fri | 10-11am | Apr 1–22  | 48007 |
|-----|---------|-----------|-------|
| Fri | 10-11am | June 3–24 | 48008 |
| Fri | 10-11am | July 1–22 | 48010 |
| Fri | 10-11am | Aug 5–26  | 48011 |

# **ADULT TENNIS LESSONS**

Join us on the courts this summer! Develop your tennis skills, get in shape, or just join us for the fun of it! All sessions are two weeks in duration for a total of 8 lessons. Classes meet Monday through Thursday with Friday designated as makeup days for rainouts. Space is limited! Loaner rackets are available.

#### **Adult Beginner**

#### Ages 16 and up

The Basics: Forehand, backhand, serve and scoring

Location: Juanita High School Tennis Court 10601 NE 132nd St., Kirkland

Resident \$68 / Non-Resident \$82

July 5th session, 7 classes: Resident \$60 / Non-Res \$72

| Mon-Thur   | 5-6pm | June 20-June 30 | 47571 |
|------------|-------|-----------------|-------|
| Tues-Thur& |       |                 |       |
| Mon-Thur   | 5-6pm | July 5–July 14  | 47572 |
| Mon-Thur   | 5-6pm | July 18–July 28 | 47573 |
| Mon-Thur   | 5-6pm | Aug 1–Aug 11    | 47574 |
| Mon-Thur   | 5-6pm | Aug 15–Aug 25   | 47575 |

# YOUTH TENNIS

Lessons for ages 8-14. See page 32

#### **Adult Intermediate**

#### Ages 16 and up

Fine-tuning basics, specialty strokes and game strategy. Presently can sustain a short rally, knows how to serve and start play as well as an understanding of scoring.

Resident \$68 / Non-Resident \$82 July 5th session, 7 classes: \$60 / Non-Resident \$72 Location: Juanita High School Tennis Court

| Mon-Thur    | 6:05-7:05pm | June 20-June 30 | 47576 |
|-------------|-------------|-----------------|-------|
| Tues—Thur & |             |                 |       |
| Mon-Thur    | 6:05-7:05pm | July 5–July 14  | 47577 |
| Mon-Thur    | 6:05-7:05pm | July 18-July 28 | 47578 |
| Mon-Thur    | 6:05-7:05pm | Aug 1–Aug 11    | 47579 |
| Mon-Thur    | 6:05-7:05pm | Aug 15-Aug 25   | 47580 |

#### **Adult Advanced**

10601 NE 132nd St., Kirkland

#### Ages 16 and up

Dynamic Footwork, Advanced Drills and Game Strategies. Can keep up a rally with moderate pace and spin, comfortable with volleying and has a consistent serve.

Location: Juanita High School Tennis Court 10601 NE 132nd St., Kirkland

Resident \$68 / Non-Resident \$82 July 5th session, 7 classes: Resident \$60 / Non-Res \$72

| Mon-Thur    | 7:10-8:10pm | June 20-June 30 | 47581 |
|-------------|-------------|-----------------|-------|
| Tues—Thur & |             |                 |       |
| Mon-Thur    | 7:10-8:10pm | July 5–July 14  | 47582 |
| Mon-Thur    | 7:10-8:10pm | July 18-July 28 | 47583 |
| Mon-Thur    | 7:10-8:10pm | Aug 1–Aug 11    | 47584 |
| Mon-Thur    | 7:10-8:10pm | Aua 15-Aua 25   | 47585 |

# **OPEN GYM SUNDAYS**

Basketball and Volleyball courts available. Individuals or teams welcome. No gym 5/29

### April 10-June 5 Sundays • 5-8pm

Kamiakin Middle School 14111 132nd Ave NE, Kirkland

\$4.00 per person Incl. Sales Tax BILLS OVER \$10 NOT ACCEPTED

Call 425.587.3335 for gym closure info. 18 and older.



### Ice Skating

### All ages and abilities

Our professional learn-to-skate staff will teach a progression of skills to ensure safety and provide an understanding of the basic fundamentals of ice skating.

See page 24

# SOFTBALL LEAGUES

# **SPRING SOFTBALL** Registration begins: February 2nd (registration closes when full or deemed necessary)

This spring league will consist of **12 games in 6 weeks**. All divisions include one-week of playoffs for the top four teams in each division. The season will span from May through early July. Prizes will be awarded for the regular season champion as well as the playoff tournament winner. 8 team maximum for men's divisions, 6 team maximum for COED.

Team Fee: \$660.00

#### **COED "REC" DIVISION**

Our COED division is an open division available to teams of all skill levels. Games are played on Sunday late mornings/early afternoons.

6DH May 1—June 26 Crestwoods Field 47156

#### MEN'S LOWER REC DIVISION

This division is for teams with average skill level. Games are played on Sunday and Monday evenings.

6DH May 1—June 27 Crestwoods Field 47154

# MEN'S INTERMEDIATE DIVISION

Our most competitive division composed of teams with above average skill. Game nights are Tuesday and Wednesday nights.

6DH May 3–June 15 Crestwoods Field 47155



Lucky 7 Red Dogs, Summer 2015 Open Division Champions

# **SUMMER SOFTBALL** Registration begins: February 2nd (registration closes when full or deemed necessary)

Summer league will stretch into early fall and consist of **16 games in 8 weeks** of play with one-week of playoffs for the top 4 teams in each division. Games will be played "under the lights" at Lee Johnson Field (Peter Kirk Park). Prizes will be awarded for the regular season champion as well as the playoff tournament winner. Men's divisions: 8 team maximum, COED division: 6 team max.

Team Fee: \$880.00

#### **COED "REC" DIVISION**

Our COED division is an open division available to teams of all skill levels. Games are played on Sunday late mornings/early afternoons.

8DH July 10—Aug 28 Lee Johnson Field 47183

#### **MEN'S LOWER REC DIVISION**

This division is for teams with average skill level. Games are played on Monday and Tuesday evenings.

8DH July 11—Aug 30 Lee Johnson Field 47181

## MEN'S INTERMEDIATE DIVISION

Our most competitive division composed of teams with above average skill. Game nights are Wednesday and Thursday nights.

8DH July 13—Sept 1 Lee Johnson Field 47182

### AGE 55+ SOFTBALL RECRUITMENT IS IN FULL SWING!

See page 70 or call Rich Miailovich 425.827.1109

# **VOLLEYBALL LEAGUES**



Must Be The Money, Fall 2015 COED Upper Champions

## ADULT INDOOR VOLLEYBALL LEAGUE Ages 18+

Join us for one of the most fun and competitive volleyball leagues on the Eastside. The season consists of 7 weeks of regular season play with two weeks of playoffs with one week guaranteed. Games are played at either Emerson High School or Kamiakin Middle School with 7:15pm, 8:20pm or 8:50pm start times (depending on the division).

TEAM FEE: \$300.00

## ADULT BEACH VOLLEYBALL LEAGUE Ages 18+

Join us at Juanita Beach for some sand volleyball! We offer four divisions of 4 on 4 beach volleyball. Women's division matches are played on Monday or Wednesday nights while COED divisions operate on Tuesday or Thursday nights. Matches start at 6:15pm and 7:30pm. The league is self-officiated. Six weeks of play and one week of playoffs (top 4 teams).

**TEAM FEE: \$230.00** 

#### ····· Divisions Offered for Indoor & Beach Leagues ······

#### **Upper Division BB**

For teams with intermediate to above average skill level, have in depth knowledge of offensive and defensive game play and can use advanced strategies to be successful.

#### **Lower Division B**

For teams with average to intermediate skill level meaning, abilities more advanced than a beginner. Players understand the game and are able to perform some of the necessary skills required to be successful.

#### Coed C Division

The COED "C" Division is our least competitive division that's great for beginners who are learning the rules or those still improving their fundamental skills.

#### Free Agent Team Coed C Division Only

Are you looking for a team to join? Do you have a couple friends that want to play volleyball but don't have enough to have your own team? Then you're in luck! We are offering a free agent team for our COED C division of volleyball that will play on Wednesday nights. For a flat fee of \$40 you can join the team as an individual. We need a minimum of 6 players (minimum of 3 men and 3 women) in order to form the team.

#### **Women's Upper Division BB Level**

INDOOR Mon Mar 28—May 23 7:15 or 8:20pm 46677 Mon July 11-Aug 15 6:15 or 7:30pm 47173

#### **Women's Lower Division B Level**

INDOOR Mon Mar 28-May 23 7:15 or 8:20pm 46678 BEACH Wed July 13-Aug 17 6:15 or 7:30pm 47178

#### **Coed Upper Division BB Level**

INDOOR Tues Mar 22—May 17 8:20 or 8:50pm 46679 **BEACH** Tues July 12—Aug 16 6:15 or 7:30pm 47179

#### **Coed Lower Division B Level**

INDOOR Tues Mar 22—May 17 8:20 or 8:50pm 46681 **BEACH** Thurs July 14—Aug 18 6:15 or 7:30pm 47180

#### **Coed C Division**

INDOOR Wed Mar 23—May 18 8:20pm 46682

#### **Free Agent Team Coed C Division Only**

INDOOR Wed Mar 23—May 18 8:20pm 46680

For more information on our adult sport league offerings, log on to www.kirklandwa.gov/athletics

Or LIKE our Facebook page www.facebook.com/ kirklandsportsleagues